

**Community
Organizations
Which
Accept
Volunteers**

Table of Contents

Page 2 - Afghan Women's Counseling and Integration
Page 3 – African Community Services
Page 4 – Associated Youth Services of Peel
Page 5 – Bereaved Families of Ontario
Page 6 – Canadian National Institute for the Blind
Page 7 – Caring & Sharing
Page 8 – Centre for Addiction and Mental Health
Page 9 – Chinese Association of Mississauga
Pages 10 & 11 – City of Mississauga
Pages 12 & 13 – Community Living in Mississauga
Page 14 – Credit Valley Hospital
Pages 15 & 16 – The Dam Youth Centre
Page 17 & 18 - Eden Food Bank
Page 19 – ErinOak – Serving Young People with Physical Disabilities
Page 20 – Interim Place
Page 21 – Jewels for Jesus Mission Inc
Page 22 – MICBA Forum Italia
Pages 23 & 24 - Ontario March of Dimes
Page 25 – Peel Children's Aid
Page 26 & 27 – Peel Children Service Division
Page 28 – Peel Cheshire Homes Inc. Home for the Disabled
Pages 29 & 30 – Peel-Halton-Dufferin Adult Learning Network
Pages 31 & 32 – Peel HIV/AIDS Network
Page 33 – Peel Multicultural Council
Pages 34 – Peel Social Services Department, Ontario Works in Peel
Page 35 – PLASP Child Care Services
Pages 36, 37 & 38 – Prison Fellowship Canada
Page 39 – Salvation Army
Page 40 – Trillium Health Centre
Page 41 & 42 – The Village of Erin Meadows Long Term Care Facility
Page 43 – Vita Manor
Page 44 – VON Canada
Pages 45 & 46 – World Vision
Page 47 – Youth Exchange
Page 48 – Youth Taking Action

Name of organization:

Afghan Women's Counselling and Integration
Community Support Organization

Phone no.:

905-279-3679

Website:

www.afghanwomen.org

Volunteer: yes

Description:

- Host programs
- Provide newcomer with info they need
- Help with English language
- Volunteers orientations
- Teach computer basic skills
- Etc.

Name of organization:

African Community Services

Phone no.:

905-828-8787

Website:

<http://www.africancommunityservices.com>

Volunteer:**Description:**

The agency recruits and trains newcomers as community volunteers to assist them in acquiring employability skills and Canadian work experience.

Activities include:

- Comprehensive training on volunteering
- Peer volunteer training
- Capacity building workshops
- Social and work skills development activities

Benefits include:

- Networking opportunities
- Community placement opportunities
- Learn how volunteering can assist you in your professional and personal development
- Creating a positive relationship with your community

Acquire efficient networking skills

Name of organization:

Associated Youth Services of Peel

Phone no.:

905-890-5222

Website:

<http://communitylinks.cioc.ca/record/GCL1945>

Volunteer:**Description:**

- provide support,
- education,
- counseling or therapy in the home, at school or in the community

→ to strengthen the abilities of adults, children, youth and their families who are, or are at risk of, experiencing serious social, emotional or behavioural difficulties.

Name of organization:

Bereaved Families of Ontario

Phone no.:

905-848-4337

Website:

www.bereavedfamilies.ca

Volunteer: yes

Description:

- **Assistant Administrative Support** – 3 days per week – phone, reception, data entry, clerical tasks, library maintenance etc...
- **Volunteer Development and Co-ordination** – 2 days per week – assist the Program Manager and Fund Developer with recruitment, training, screening and retention of volunteers and writing blurbs/updates for the newsletter, updating volunteer manual, policies etc...
- **Skilled Research and Proposal Writing Specialist** – 2 days per week, work from home.
- **Special Event Volunteers** – sit on events committees and assist with planning and co-ordination of events – work from home
- **Community Outreach and Diversity Development Assistants** – 2 days per week, increase BFO's profile in the Halton/Peel regions – target multi-cultural councils and associations, tap into multi-cultural community events.
- **School Liaisons** – increase our profile through the Public, Separate and Private School Boards (Peel Region).
- **Providing info in schools about the organizations**
- **Fund raising**

Name of organization:

Canadian National Institute for the Blind

Phone no.:

905-275-5332

Website:

<http://www.cnib.ca>

Volunteer: yes

Description:

- Serving on boards and committees.
- Assisting in fundraising campaigns.
- Planning or working at special events.
- Supporting people with vision loss in their homes.
- Narrating talking books in CNIB's recording studios.
- Helping with braille book production.

Name of organization:

Caring & Sharing

Phone no.:

905-607-7605

Website:**E-mail contacts:**Co-coordinator:

Marge Sprague → margesprague@rogers.com

New Members Co-coordinator:

Jacqueline Briscoe → jacquelinebriscoe@rogers.com

Volunteer: yes**Description:**

- Feed the poor in the community → drop off one item of food per week at drop off centre
- Food distribution
- Telephone coordinating

Name of organization:

Centre for Addiction and Mental Health

Phone no.:

416-535-8501

Website:

<http://www.camh.net>

Volunteer:**Description:**

- clinical care,
- research and
- special events
- Volunteer Resources provides opportunities for volunteers to expand their awareness and knowledge of mental health and addictions issues

Name of organization:

Chinese Association of Mississauga

Phone no.:

905-275-8558

Website:

home.ipoline.com/~cam

Volunteer: yes

Description:

- Information and Referral
- Immigrant Settlement Information
 - Employment
 - Training Opportunities
 - Job Search
 - Housing
- English Classes
- Assessing Social Services
- Child care
- Community Meetings
- Health Information
- Newcomer Orientation Session

Name of organization:

City of Mississauga

Phone no.:

905-896-5326

Website:

<http://www.mississauga.ca>

Volunteer: yes

Description:

- **'Sauga Stroke Breakers**

A therapeutic Recreation Program for stroke survivors. We are seeking volunteers to assist participants with swimming, arts & crafts, board games and much more during the day on Wednesdays (at Meadowvale Community Centre) and Thursdays (at Mississauga Valley Community Centre). Call 905-615-4670 ext.2471

- **Museums**

Interested in volunteer opportunities at Bradley Museum or Benares Historic House? If you are interested in antiques, early 19th and 20th century material, culture, research or, if you would like to help out with our special events, tea room or gift shop then give us a call at 905-615-4860.

- **Parks Community Stewardship Program**

This program has been established for volunteers and community groups to enhance city parks and open spaces on a voluntary basis. It is a way for environmentally conscious and community-minded citizens to make a personal contribution to their community and quality of life in the City. For information on P.C.S.P. please call 905-615-4100.

- **Skating**

Volunteers are required to assist qualified instructors with skating programs that operate from October through March. Volunteers must be 14 years of age or older. Only applicants who can commit to the entire season will be considered. Applications can be submitted between April and August. Applicants will be notified for interviews in September.

- **Sports**

Volunteer sport organizations are always looking for individuals to coach, manage and referee games. See our community groups page for group listings.

- **Swimming**

Volunteers are required at our pools to assist qualified Instructors teach swimming lessons. Volunteers must be 14 years of age or older and have a minimum swimming certification of Bronze Medallion. Interested volunteers are asked to contact the Aquatic Supervisor at their local pool for details. For pool information please visit our aquatics page.

- **Youth Drop-in Programs**

Volunteers may be needed to assist youth drop-in programs at community centres and school gyms across the city. Drop-in volunteers must be at least 16 years of age. Contact your local community centre for opportunities and availability.

Name of organization:

Community Living in Mississauga

Phone no.:

905-542-2694

Website:

www.clmiss.on.ca

Volunteer: yes

Description:

- **One-To-One**

Spend time with an individual; doing things you are both interested in. Head to the mall for shopping, catch a movie, go for a workout or just sit, relax and chat. It's up to both of you. A minimum six-month commitment is required. Volunteers are also asked to complete a screening process which includes an interview with the Manager of Volunteer Services, a check of references and a police background check.

- **Committee**

Do you want to influence change? Get involved on a committee and make a difference in your community. There are a wide variety of committee's you can get involved in. A minimum 9-month commitment is required. Volunteers will be screened.

- **Youth Involvement Mississauga**

Get involved with peers your age and have fun in the community! Youth Involvement Mississauga is an integrated youth group for people aged 13-23. Some of the members of the group have an intellectual disability, others do not. The group meets every Wednesday evening at the Square One Youth Centre to take part in different activities. Sometimes there are guest speakers or pool tournaments; other times the group will do fun things in the community such as swimming, going to the CNE, movies or other activities as decided upon by the group. For more details [Click Here](#)

- **Summer Teen Activity Program**

During the summer there are opportunities to get involved in the Summer Teen Activity Program which runs from the first week of July until the end of August. This is a great way to get some experience working with people who have an intellectual disability while having fun and earning your 40 hours for school! Volunteers are asked to make a minimum one-week commitment which runs from Monday-Friday from 8:30a.m. - 4:30 p.m. Volunteers are screened. For more details [Click Here](#)

- **The Club**

The Club meets on Wednesday evenings and is comprised of people over the age of 21. Members of the group head out to bowling and movies or enjoy guest speakers. Volunteers get involved to make friends and enjoy getting out in the community. Volunteers are screened. For more details [Click Here](#)

- **Office/Administrative Volunteer**

There are often opportunities for volunteers to assist Community Living Mississauga with various office and administrative duties, or even the opportunity to work on a special project. Duties might include; photocopying, data base management, filing, making phone calls, typing letters, creating documents, graphic design, etc. Hours for these opportunities are fairly flexible; however, they typically fall during regular business hours – Monday to Friday, 8:30-4:30.

- **Displays and Public Speaking**

Requests are often made of Community Living Mississauga to do a display or presentation to a group or school. These requests may entail distributing literature and answering questions at a booth to giving a short presentation about Community Living Mississauga. Time commitments vary.

Name of organization:

Credit Valley Hospital

Phone no.:

905-813-2200

Volunteer coordinator: 905-813-1100 ext.:4257

Website:

<http://www.cvh.on.ca>

Volunteer: yes

Description:

- Youth Program → young adults an opportunity to explore career opportunities, improve life skills, and obtain academic credits
- fund raising
- gift & flower shop
- more info on: <http://www.cvh.on.ca/admin/volunteers.php>

Name of organization:

The Dam Youth Centre

Phone no.:

905.826.6558

Website:

www.thedam.org

Volunteer: yes

For Young Moms:

- Weekly volunteer opportunities in programs.
- Childcare needed Monday and Wednesday evenings
- Dinners for Wednesday evenings and snacks for Monday evenings
- Arrange ticket donations for summer events (Wonderland, Ontario Place, The Zoo)
- Move a mom
- Grocery shopping, food pick-ups
- On call professionals/resources

For Youth:

- Weekly volunteer opportunities in the drop-in.
- Snacks/meals for drop-in and basketball court
- Arrange ticket donations for special events (Wonderland, Paintball, Movies, Bowling)
- Walk in our community – involves prayer and forming relationships with youth (weekly or monthly)
- Thorough cleaning of the drop-in
- Grocery shopping, food pick-ups

Admin:

- Graphic skills? Make event flyers and invitations
- Writing skills? We would like an individual to help facilitate monthly email news updates
- Office/Computer skills? Help with updating our database so we can become better communicators to our supporters

Events:

- Recruit a team for our bowl-a-thon (April 26, 2009)
- Mothers Day luncheon: Gift donations, estheticians, Brunch prep/serve, etc.
- 3 on 3 Basketball Tournament help (end of August)
- Help request items for our annual auction (Nov 20, 2009)
- Volunteer on auction night (Nov 20, 2009)
- Hold a fundraising event in your community (car wash, garage sale, etc.)

Projects:

- Carpentry – we are currently in need of computer cabinetry to be built in our drop-in
- Help run a community garden

Name of organization:

Eden Food Bank

Phone no.:

905-824-5578

Website:

www.edenfoodbank.org

Volunteer: yes

Description:**We need helpers for:**

- Strong people to carry food into and help clients carry groceries out of the Food Bank
- Serving clients
- Sorting and Packing food (repackage into smaller quantities)
- Drivers: to pick up food from local businesses who have donated food
- Telephone Reception: these volunteers are often the first contact people have with the Food Bank.
- Office staff: help answer phones writing thank you notes etc.
- Computer desk - entering client data and food collection activity into the computer
- Co-coordinators: to direct volunteers who are sorting and packing food.
- Food shoppers
- Advocates: to help clients with advice & information that might reduce their reliance on the food bank.
- We need extra help at peak times: Christmas, & during the spring (Easter) and fall (Thanksgiving) food drives.

Fund-raising:

- Volunteers to obtain "donations in kind". (Used equipment, donations of food etc.).
- Writing letters: Volunteers need access to a computer with Windows and have the ability to write different types of letters to different types of organizations requesting their participation or a donation.
- Seeking donations: This can be monetary, prizes for special events or services such as photocopying.

Business/School/Youth Groups:

- Run a food drive. You can select a theme. Eg. Bring any type of item appropriate for babies. (Formula, baby food, baby cereal, diapers etc.)
- Sponsor the Food Bank at your next fund-raiser. Charge admittance to a sports activity; play you are holding or other special event, have a bake sale or a "garage sale" and donate some of your proceeds.

Name of organization:

Erinoak - Serving Young People With Physical Disabilities

Phone no.:

905-820-7111

Website:

www.erinoak.org

Volunteer: yes

Description:

- Helping children with physical disabilities
- assist with the organization of and participation in therapy and recreational programs

Highlighted Organizations - Call for more information

Name of organization:

Interim Place

Phone no.:

Shelter Crisis Lines: 905-403-0864 and 905-676-8515

Transitional Housing Program Intake: 905-676-0257

Website:

www.interimplace.com

Volunteer:**Description:**

Volunteers work in a variety of capacities with the common goal to end poverty, violence, homelessness and oppression in the lives of women and children in our community.

Volunteer Opportunities & Assignments

- • Providing practical support to women and children in shelter and in the community.
- • Providing social, recreational and educational programs for women and children in shelter and in the community.
- • Assisting with donations program.
- • Assisting with Administration.
- • Acting as a Special Event Volunteer in area of Social Justice, Public awareness or Fundraising.
- • Board member.

Name of organization:

Jewels For Jesus Mission Inc.

Phone no.:

905-821-6320

Website:

www.jewelsforjesus.net

Volunteer: yes

Description:

- Managing of the donations
- Client care
- Office help

Name of organization:

MICBA Forum Italia

Phone no.:

905-507-2711

Website:

<http://www.micba.com>

Volunteer: yes**Description:**

MICBA Forum Italia is a Non-Profit Seniors Residence that offers a number of areas in which people young and old can engage in volunteer opportunities. There is always a need for a friendly smile and helping hand. Volunteers are a vital part of our team. There are various volunteer opportunities available including friendly visiting, cultural programs, pet care, game programs, crafts, card playing, special events and fundraising. We always encourage and welcome new volunteer programs and ideas.

- There are various volunteer opportunities available including:
- friendly visiting,
- cultural programs,
- pet care,
- game programs,
- crafts,
- card playing,
- special events and
- fundraising

Name of organization:

Ontario March of Dimes

Phone no.:

905-607-3463

Website:

www.marchofdimes.ca

Volunteer:**Description:****▪ Volunteer Customer service assistant for phone program**

Come help us assist with the regular thank you calls to donors.

▪ Contact donors and thank them for their donation

- Keep record of the conversation and provide the update for database
- Assist in sending the request information to donors

▪ Adult Conductive Education (CE) Volunteer

Share your enthusiasm and compassion in our CE classrooms.

- Volunteers assist Conductors with classroom setup and delivery of the program.
- They will also provide hands-on support and assistance to participants during physical activities in the class

▪ Befriending Volunteer

Make a connection, make a friend.

▪ DesignAbility Program Volunteer

Use your skills and ingenuity to create solutions for everyday challenges.

- **Door-to-Door Captain & Canvasser**

Continue the tradition started more than 50 years ago by people who helped end an epidemic.

- **Office Help Volunteer**

Assist with the maintenance of donor database and regular office duties. Volunteering in the office is a great opportunity to learn fundraising administration.

- **Out-Trip Volunteer**

Get out of the city with a group of energetic and fun-loving adults.

- **Stroke Recovery Warmline Worker**

Reach out with comfort and support to people affected by stroke.

- **Volunteer Committee Member**

Network, add to your skill set, make friends and get involved in your community.

- **Other Ways to Help**

Collecting pop-can tabs and grocery receipts are simple, everyday ways that anyone can help people with physical disabilities

Name of organization:

Peel Children's Aid

Phone no.:

905-363-6131 ext.1423

Website:

<http://www.peelcas.org>

Volunteer:**Description:****▪ Drivers – Mississauga area**

Volunteers drive children to and from therapy appointments, parental visits and other outings and ensure that the child reaches their scheduled appointment on time and is left in the care of a responsible adult at the appointment location.

▪ Tutors

Volunteer tutors assist children with their schoolwork and are supported by the child's social worker and teacher to plan work and activities to help the child learn.

▪ Special friends

Volunteers spend time in a one-to-one recreational relationship and act as a role model to provide support, understanding and guidance to a child or teen. The volunteer plans regular outings and activities with the child or teen, and helps to build and strengthen self-esteem and self-confidence.

▪ Clerical/administrative

Volunteers support various departments with clerical tasks and projects. Volunteers also assist in the areas of Adoption Disclosure, Criminal Injuries Compensation and the Toy Library.

Name of organization:

Peel Children Service Division

Phone no.:

905-795-3500

Website:

<http://www.peelcc.org>

Volunteer:**Description:****Mentorship Program**

- Provide one-to-one friendship to a child.
- Act as a positive role model.
- Meet weekly with the child to engage in community activities together.
- A one-year commitment is required.

Tutoring Program

- Help a child who is experiencing difficulty with schoolwork.
- The focus is on basic literacy skills for children in grades 1 to 7.
- Meet the child in a local library for approximately 1-1 ½ hours weekly.
- A six-month commitment is required.

Respite Program

- Spend time with a child to give a family a break.
- Volunteer as an individual, a couple or a family.
- Meet weekly with the child.
- A six-month commitment is required.

Childcare Support Program

- Assist with children's programs at Peel Children's Centre while the children's parents attend group sessions.
- Provide activities, behaviour management and a safe environment.
- The commitment required is one evening a week for six months.

Driver Program

- Provide drives for clients and families to attend treatment appointments.
- You must have a valid driver's license, 5 years driving experience, \$1 million liability insurance coverage, and a good driving record.
- Daytime and evening shifts are available.
- Drivers are reimbursed 41 cents/km.
- A six-month commitment is required.

Family Resource Room

- The Family Resource Room is a library with print and electronic resources about children's mental health and related subjects for children, youth and parents.
- Assist children and families with accessing appropriate materials.
- Interact with children who use the Resource Room.
- The required commitment is once a week from approximately 4 to 7 pm.

Fundraising/Special Events

- Assist with fundraising and special events throughout the year.

Name of organization:

Peel Cheshire Homes inc. Home for the Disabled

Phone no.:

905-826-5826

Website:

<http://peel.cioc.ca/record/MHL0026>

Volunteer: yes

Description:

- recreation

Highlighted Organizations - Call for more information

Name of organization:

Peel-Halton-Dufferin Adult Learning Network

Phone no.:

905-812-3533

Website:

www.phdaln.on.ca

Volunteer:**Description:**

- help make a difference by helping adult learners improve their:
 - reading,
 - writing and
 - math skills.

(You don't have to be a teacher to be a volunteer tutor with a local literacy program, you just need to be comfortable with the reading, writing and life skills you have, and of course, you need to enjoy working with people).

Tutors need to:

- Have good oral and written communication skills
- Provide references upon request
- Complete all segments of tutor training program
- Meet their learner at least 2 hours once-a-week for at least six months
- Sign tutor agreement
- Attend professional development workshop
- Treat learners, staff and volunteers with respect

Tutoring

- Follow the learner's training plan to deliver lessons that teach the skills needed to reach identified goals
- Prepare lessons that focus on your learner's stated goals
- Choose materials relevant & appropriate to your learner's skills and needs
- Keep learner's portfolio up to date and provide co-ordinator with training plan updates as requested
- Seek support from your co-ordinator on teaching strategies, materials, lesson planning or evaluation as needed
- Advise your co-ordinator right away if there are significant concerns so that appropriate support or referral can be offered
- Advise your co-ordinator of changes to your or your learner's address, telephone number, or meeting time schedule
- Book, reschedule or cancel tutoring space as soon as possible

Name of organization:

Peel HIV-AIDS Network

Phone no.:

905-361-0523

Website:

www.phan.ca

Volunteer:**Description:**

- **Info desk/office administration**
- **Fundraising development committee member**
- **Harm reduction outreach assistant**

Accompany a staff member on outreach, assisting in the provision of harm reduction materials to community members
- **Event day support**

Assist at PHAN events in areas such as set up, registration, food preparation, coat check, games, prize allocation and clean up. We have many events throughout the year and always need lots of event day volunteers to make them a success!
- **Group facilitation**

Co- facilitate a short- term support group. The volunteer's job is to ensure a safe environment for groups of people to share their experiences with others in the same or similar situation.
- **Speakers bureau**

Provide HIV/AIDS information in the community through public speaking and education. Topics include HIV/AIDS 101, Safe Sex and Testing, Living With and Affected by HIV/AIDS.

- **Peer support workers**

There are 2 roles for Peer support workers within our organization. First , some peers will bring education about HIV/AIDS and PHAN back into their diverse communities. Secondly, others will provide one-to one interim support to clients. Peers will come from diverse communities such as multi- cultural, youth and elderly communities. Additionally the peers themselves could be persons who are living with or are affected by HIV/AIDS.

Name of organization:

Peel Multicultural Council

Phone no.:

Linda Wang (Host Coordinator) at Tel: 905-819-1144 ext.232

Website:

www.peelmc.org

Volunteer: yes**Description:**

Peel Multicultural Council is a multilingual, non-profit organization dedicated to assisting new immigrants and refugees to Canada to meet their settlement and integration needs through a variety of services and programs.

As a Host volunteer, you can expect:

- Build long lasting and rewarding friendships. Many hosts remain friends with newcomers for years! Newcomers will certainly appreciate having a friend like you.
- Learn about other cultures, languages and countries. Meet interesting people from all over the world. Share a meal, exchange ideas and discover how similar people really are!
- Help newcomers in English conversation practice, job search support and social orientation. Introduce newcomers to social or recreational activities, go shopping, banking, schooling or learn about the public transit system.
- Learn about the settlement process, gain confidence and self-esteem. Through our host training sessions and as helping newcomers settle down, you will learn a lot about existing services for newcomers and how you can help them overcome settlement challenges.
- Receive a certificate after six months of regular, reliable volunteer work, to show your accomplishment by serving and supporting your local community.

Name of organization:

Peel Social Services Department, Ontario works in Peel

Phone no.:

905-793-9200

Website:

<http://www.peelregion.ca>

Volunteer: yes

Description:

- Visiting seniors:
- One-to-one visits
- Social/recreation programs/community outings
- Meal time/eating assistance programs
- Church services/spiritual programming
- Gardening
- Cultural and ethnic programming
- Promote Family literacy with Children's services

Our volunteers:

- Are caring professional individuals
- Have a passion for children
- Apply their knowledge and experience to enhance existing programs
- Provide assistance with child care services
- Facilitate early learning programs in the community

Volunteers have the opportunity to:

- Become involved in the community
- Share their knowledge
- Develop new skills and gain new experiences
- Meet new people
- Experience personal fulfillment

Name of organization:

PLASP Child Care Services

Phone no.:

905-890-1711

Website:

<http://www.plasp.com>

Volunteer: yes

Description:

- early childhood education
 - playing with children, doing crafts, games, etc.
- office help

Name of organization:

Prison Fellowship of Canada

Phone no.:

416-848-4793

Website:

<http://www.prisonfellowship.ca>

Volunteer: yes

We're always interested in building new relationships

Individuals, alone or through their church, assist PFC from coast to coast. God has richly blessed PFC over the years with the volunteers and supporters necessary to sustain the ministry. But ever-increasing needs in our prisons and our communities means that new partners are always needed and always welcomed!

You can volunteer for Prison Fellowship Canada:

Children and Families**Angel Tree Camping**

- Work with your church to sponsor one or more children for a week at camp
- Drive children to and from camp
- Invite families of campers into your church
- Follow up with families throughout the year

Angel Tree Christmas

- Work with your church to sponsor one or more children with a gift at Christmas
- Buy or wrap a gift
- Deliver gifts to children before Christmas
- Invite families into your church
- Follow up with families throughout the year

In The Loop

- Act as a mentor to a teen or child at risk
- Provide assistance with homework
- Provide assistance with special outings

In The Loop2

- Act as a mentor to a Young Offender
- Provide assistance with homework
- Provide assistance with special outings

Inmates

Pen Pal

- Support an inmate by writing a letter at least once a month

In Prison Visiting

- Support an inmate by visiting in person – usually once a month

Chapel Services

- Assist the Chaplain with Chapel services
- Provide music or testimony

Bible Studies

- Lead a Bible study course provided by Prison Fellowship Canada

Ex-offenders

After care

- Assist with a fellowship dinner for ex-offenders once a month
- Offer to be part of a support circle for a recently released ex-offender
- Provide practical support regarding housing, employment, life skills coaching

Prayers, Fundraising & Office support

Office Help

- Provide assistance in Toronto, ON with tasks such as clerical duties, reception duties, and stuffing envelopes
- Help with the administrative work of a special programme like Angel Tree Christmas
- Take on a special project that utilizes your skills

Fundraising

- Assist with special event planning
- Help with calling or clerical duties

Prayer Partners

- Join the monthly prayer calendar list
- Form a prayer cell in your community

PFC is a needs-driven ministry where Chaplains, prisoners and families of offenders express needs that we try to fulfill.

How are you able to support the ministry? Whatever you would like to do, Prison Fellowship Canada provides the appropriate training and guidance for you to volunteer effectively.

[Apply today](#) or call 1.888.470.2748 or 416.848.4793 and ask anyone for information on becoming a volunteer.

We can't do it without you!

Name of organization:

Salvation Army

Phone no.:

905-820-6868

Website:

Volunteer: yes

Description:

- answer telephones, general office work
- enter data in computer
- assist in packing food hampers
- stocking shelves, sort toys
- sort clothes and price items at a thrift store
- ring the bells at Christmas (Christmas Kettles)
- assist with mailing projects and other seasonal activities at the local level
- assist seniors; be involved in sports activities etc.
- emergency disaster relief

Name of organization:

Trillium Health Centre

Phone no.:

905-848-7100

Website:

www.trilliumhealthcentre.org

Volunteer: yes

Description:

Volunteers provide support to patients, families, visitors and staff throughout the hospital in both clinical settings and administrative areas. Volunteers may provide direct patient support, assist the public, work with staff, become involved in community outreach opportunities and raise funds through fundraising projects.

Examples of areas volunteers work in include:

- Cardiac Services
- Cancer Centre
- Diagnostic Imaging
- Medicine
- Emergency Centre
- Continuing Care
- Urgent Care Centre
- Rehabilitation
- Fracture Clinic
- Pre-Natal Tours
- Paediatrics

Name of organization:

The Village of Erin Meadows Long term Care Facility

Phone no.:

905-569-7155

Website:

<http://www.homewood.org>

Volunteer: yes

Description:

- Admitting
- Archives
- Administrative Support in Volunteer Services
- Cafe
- Crafts
- Creative Arts and Crafts Facilitator
- Computer Coaching
- Escorting
- Gift Shop
- Homewood Addiction Division
- Homewood Community Addiction Services (CADS)
- Horticulture
- Internet coaching
- Library, Library bookcart
- Mealtime supervision in Eating Disorders program
- Music Appreciation
- Newsletter administrative support

- One-to-one interaction
- Outcome Studies data entry / research
- Pastoral Care, Worship Service
- Patient Representative Program
- Quilting
- Recreation
- Tours
- Visiting Older Adults
- Yoga instruction

Name of organization:

Vita Manor

Phone no.:

908-858-0329

Website:

<http://www.vitamanor.org>

Volunteer: yes

Description:

- Board Membership - a member of the Board of Directors, who set policy
- Committee Membership - to help build the organization (Fundraising, Operations, Finance, Governance)
- Special Events support – help out at our special events, (Golf, Bingo, Dinner Dance, Trivia Night etc)
- Office Support - assist in the administrative tasks of the agency
- Client Support - provide guidance and support to a pregnant woman during and after delivery
- Transportation - drive clients to appointments and workshops. Volunteers are reimbursed for mileage
- Housing Search - guide clients in a search for adequate and reasonable accommodations
- Speakers Bureau - giving presentations in the community (schools, service groups, functions and promotional campaigns)
- Skills/Educational Consultant: Present a skill or activity to our youth parents. Share your expertise with clients or staff members.
- Child care support – Assist with child care at our life skills workshops for youth parents.

Name of organization:

VON Canada

Phone no.:

905-821-3254 ext.2036

Website:

<http://www.von.ca>

Volunteer: yes

Description:

A Telephone Reassurance Volunteer offers regular social contact to isolated seniors or adults with a disability over the telephone. This program offers clients a safety check and a brief reassurance call to reduce feelings of loneliness and isolation.

Volunteers would be assigned to a client to call on a regular basis (1-5 times a week depending on the volunteer's availability and the client need). Phone calls should be a minimum of 15 minutes in length.

Name of organization:

World Vision

Phone no.:

905-565-6100

Website:

www.worldvision.ca

Volunteer: yes

Description:

- **Life Change Network** volunteers are child sponsors with the desire and ability to motivate others to get involved
 - Showing inspiring videos at your church
 - Organizing a dinner party at your home
 - Displaying brochures in a local business
 - Talking to your family, friends and community groups
 - Sending emails to co-workers and acquaintances

Special Events volunteer, you'll have the opportunity to share the impact of child sponsorship at event booths and exhibits right in your own community.

- Local Concerts
- Festivals
- Community events
- Church Events
- Sporting Events
- Conferences

One Life Experience Tour - Many volunteers are needed every day to ensure visitors have a fulfilling, interactive experience when they visit the *One Life Experience* exhibit. Our hope is that every person who enters the exhibit will be educated, inspired and moved to take action against this greatest humanitarian crisis of our time.

We welcome volunteers who can do a variety of tasks such as:

- Welcome visitors and assist them as they begin their experience
- Communicate the important message of World Vision's work and how child sponsorship makes a difference
- Role play the Clinic Nurse
- Assist in the general set up and tear down of the exhibit

Office Volunteer

- Package assembly
- Placing outbound calls
- Data entry
- Paperwork and filing tasks

Name of organization:

Youth Exchange

Phone no.:

905-949-0049 ex. 2412

Website:

www.tcet.com

Volunteer: yes

Description:

The Youth Exchange is a series of community events and activities for new Canadians planned for youth by youth. We have several different projects on the go that volunteers can get involved with.

Following Positions available:

- 1) Special Event Volunteers
- 2) Film Project Volunteers
- 3) Event Planning Committee Members
- 4) Promotional Volunteers
- 5) Daytime Office Help
- 6) Poster Designers

Volunteer Opportunities are available for:

- Youth between the ages of 13-24 years
- Youth who have been in Canada for less than 3 years
- OR youth who have an interest in helping new Canadians to feel more connected and welcome in Canada.

Name of organization:

Youth Taking Action

Phone no.:

905-997-4144

Website:

www.youthtakingaction.org

Volunteer: yes

Description:

- administration work,
- membership drives,
- generating awareness amongst the youth
- raising funds for our projects.